



The Black Woman's Guide to **REPRODUCTIVE HEALTH**



FIBROIDS

Non-cancerous uterine growths

- 80% of Black Women will develop fibroids by age 50.



PCOS

- is a common hormonal disorder that affects women of reproductive age.
- Black women are more likely to experience severe symptoms of PCOS, including infertility, insulin resistance, and obesity, compared to women of other racial or ethnic groups



ADENOMYOSIS

Adeno-lining growing into muscle wall

- May affect up to 20% of women
- Higher prevalence in women of African descent



ENDOMETRIOSIS

Tissue growing outside uterus

- 1 in 10 women globally have endometriosis
- Black women are less likely to be diagnosed



REPRODUCTIVE CANCERS

Ovarian, uterine, cervical

- Black women are more likely to die from uterine cancer
- Higher mortality from ovarian cancer despite a lower incidence



BREAST CANCER

Non-cancerous uterine growths

- 80% of Black Women will develop fibroids by age 50.